



Urinary Tract Infection

UTI stands for Urinary Tract Infection. It is an infection that occurs in any part of the urinary system, which includes the kidneys, bladder, ureters (tubes connecting the kidneys to the bladder), and urethra (tube through which urine is expelled from the body).

UTIs are commonly caused by bacteria, most often *Escherichia coli* (*E. coli*) which normally resides in the intestines but can enter the urinary tract through the urethra. UTIs can also be caused by other types of bacteria, viruses, or fungi.

Common symptoms of a UTI may include:

1. Pain or a burning sensation during urination
2. Frequent urge to urinate, even if only a small amount of urine is passed
3. Cloudy or strong-smelling urine
4. Blood in the urine
5. Pelvic pain (in women) or rectal pain (in men)
6. Fever or chills (if the infection has spread to the kidneys)

If you suspect you have a UTI, it is important to see a doctor for diagnosis and appropriate treatment. A doctor will typically ask for a urine sample to test for the presence of bacteria or other indicators of infection. Treatment for UTIs often involves a course of antibiotics to kill the bacteria causing the infection. Drinking plenty of water and urinating frequently can help flush out bacteria from the urinary system.

If you have any concerns or questions about a possible UTI, it is best to consult your doctor at SunStar Clinics.